Claims:

What is claimed is:

- 1. A sheet having a defined pattern of reduced strength, allowing separation along said defined pattern, said pattern defining an insert for a CD-ROM jewel case.
- 2. The sheet according to claim 1, wherein said sheet is formed of paper.
- 3. The sheet according to claim 1, wherein said pattern is formed by perforation of said sheet.
- 4. The sheet according to claim 1, wherein said sheet further comprises a pair of scored lines, each of said pair of scored lines defining a folding axis.

The sheet according to claim 1, having letter size dimensions.

The sheet according to claim 1, having A4 size dimensions.

7. The sheet according to claim 1, comprising a pair of defined patterns.

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- 8. The sheet according to claim 7, wherein said pair of patterns are identical and arranged symmetrically.
- 9. The sheet according to claim 1, wherein said pattern is a rectangular pattern having dimensions of about 150mm by 117.5mm.
- pattern further comprises a pair of scored folding lines to provide three regions, two lateral regions each being about 6mm wide by 117.5mm long and bounded interiorly by one of said folding lines and a central region being about 138mm by 117.5mm and being bounded by both of said folding lines.
- 11. The sheet according to claim 1, being a letter size paper sheet, comprising a pair of said defined patterns each being an identical and symmetrically arranged rectangular perforation pattern having dimensions of about 150mm by 117.5mm, having a pair of scored folding lines to provide three regions of each defined pattern, two lateral regions each being about 6mm wide by 117.5mm long and bounded interiorly by one of said folding lines and a central region being about 138mm by 117.5mm and being bounded by both of said folding lines.

- 12. A sheet having a defined pattern of reduced strength, allowing separation along said defined pattern, said pattern defining a booklet for a CD-ROM jewel case.
- 13. The sheet according to claim 12, wherein said sheet is formed of paper.
- 14. The sheet according to claim 12, wherein said pattern is formed by perforation of said sheet.
- 15. The sheet according to claim 12, wherein said sheet further comprises scored line, defining a folding axis.
- 16. The sheet according to claim 12, having letter size dimensions.
- 17. The sheet according to claim 12, having A4 size dimensions.
- 18. The sheet according to claim 12, wherein said pattern is a rectangular pattern having dimensions of about 119.5mm by 241mm.

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- 19. The sheet according to claim 18, wherein said pattern further comprises a scored folding line to provide two regions, each being about 119.5mm wide and 120.5mm long.
- 20. The sheet according to claim 12, being a letter size paper sheet, comprising a centered rectangular perforation pattern having dimensions of about 119.5mm wide by 241mm long, having a scored folding line to provide two regions each being about 119.5mm wide by 120.5mm long.

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